

The T2D Network is a British Columbia Type 2 Diabetes Network of the Institute of Health Systems Transformation and Sustainability. © 2025 IHSTS.



Explore British Columbia's hub for expert-approved Type 2 diabetes information & resources.

T2D Network



British Columbia, Canada

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YOUR HEALTH YOUR JOURNEY WE'RE HERE TO HELP





WHY CHOOSE US?



One central hub of free T2D resources.



Access a growing bank of reputable sources and 375+ unique links to expertapproved health information.

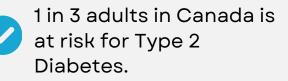


Based in British Columbia and tailored for Canadians.



Designed in partnership with Healthcare Professionals and Patient Partners.

A HEALTHIER YOU STARTS HERE!



Small lifestyle changes can reduce your risk significantly.

T2D management is possible with the right tools and support.





HOW WE CAN HELP



Expert Resources – Trusted articles, recipes, and guides.



Community Forum – Connect with others on similar journeys.



Health Tips & Tools - Practical wellness strategies.



Monthly Updates – Stay informed with expert tips.